Paul Mitchell The School Spokane

ESTHETICS COURSE INFORMATION

ESTHETICS COURSE DESCRIPTION

Standard Occupational Classification (SOC) 39-5094.00
Classification of Instructional Programs (CIP) Code 12.0409

The curriculum involves 750 hours to satisfy Washington state requirements. The course includes instruction and practical experience in facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

****Graduates are prepared to be an entry level esthetician.***
This course is taught in English. Textbooks and course materials are only offered in the English language.

ESTHETICS COURSE OVERVIEW

Course Hours: 750 clock hours

The course is divided into pre-clinical classroom instruction and clinic classroom learning experiences.

- **Pre-Clinical Classroom Instruction:** The first 190 hours are devoted to pre-clinical classroom instruction where Future Professionals develop foundational knowledge and practical skills through classroom workshops, demonstrations, theory instruction, and guided practice. Instruction emphasizes design principles, technical procedures, safety and sanitation, professional conduct, and readiness for supervised services.
- **Clinic Classroom Learning Experience:** Future Professionals apply classroom learning through supervised practical instruction and guest services. With coaching and guidance from Learning Leaders, they refine technical skills, consultation and communication, guest experience, product recommendations, and professional work habits. Learning continues through mini-classes, feedback, and structured practice.
- **Distance Education Learning Experience**: A student enrolled in a program with distance education may earn up to 25% of the program's total clock hours through distance education.

ESTHETICS COURSE OUTLINE

- **Core Curriculum:** The Core Curriculum introduces the foundational principles and skills of the program through theory instruction, demonstrations, and hands-on practice. Future Professionals build essential technical knowledge, safety and sanitation practices, client care, and professional habits. Learning Leaders monitor progress, and learning is evaluated through written, oral, and practical methods, as applicable. Completing Core successfully prepares students for the next phase of their education, including supervised clinic classroom experiences.
- **Clinic Classroom Learning Experience:** In the clinic classroom, Future Professionals provide services to guests under Learning Leader supervision. They keep learning and reinforce classroom instruction through coaching, mini-classes, practical worksheets, and progress evaluations. They practice consultations, service planning, technical proficiency, guest communication, sanitation and safety, and professional service habits.

- **Classroom Learning Experience:** Instruction combines theory, demonstrations, and practical application. Additional learning opportunities may address retailing and product knowledge, communication, professional development, motivation, and career readiness, facilitated by appropriate school team members or guest artists.
- **HydraFacial Certification:** Esthetics Future Professionals have the opportunity to earn HydraFacial Certification as part of their program. To earn this certificate, students must successfully complete five HydraFacial treatments. Future Professionals will gain hands-on experience using a HydraFacial machine right on campus while learning about HydraFacial treatments as part of their esthetics education. HydraFacial is a professional skincare treatment offered in many spa and skincare settings. Incorporating this certification opportunity into the program allows students to expand their exposure to advanced skincare services before graduation.

ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell The School Spokane meets or exceeds the state requirements. The following subjects are taught within the brick & mortar program and the hybrid program:

Subject	Practical Application	Theory Hours
1. Care of the skin compresses, massage, facials, wraps, masks, exfoliation, use of electrical or mechanical appliances or chemical compounds	100	45
2. Temporary removal of superfluous hair of the skin by means including tweezing, waxing, tape, chemicals, lotions, creams, sugaring, threading, mechanical or electrical apparatus and appliances	160	125
3. Cleaning and disinfecting of individual work stations, individual equipment and tools and proper use and storage of linens	50	25
4. Diseases and disorders of the skin	10	60
5. Safety including proper use and storage of chemicals, implements and electrical appliances	50	20
6. First aid as it relates to esthetics	0	30
7. Additional Hours	0	75
TOTAL HOURS	**370**	**380**

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills. * Not all training may be on mannequins.

Distance Education hours and assignments are graded and recorded daily. Theory chapter exams, final exams and final practical evaluations must completed in the school facility.

The Distance Education portion of the program is not offered at this time.

ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 750-hour course:

1. **Academic theory exams:** Students must receive a grade of 75% or higher on each assigned theory exam. Exams are completed at the conclusion of each online theory module. Depending on the length of the distance education module, theory exams will occur weekly or bi-monthly. The theory exams will evaluate the student's academic performance for each subject of the distance education curriculum.
2. **Midterm written and practical**: Students must receive a grade of 75% or higher on all final exams. The midterm written and practical exams must be completed within the school facility and cannot be taken through distance education.
3. **Final written and practical**: The written test covers an overview of all theory instruction, Washington state law, and other items covered on the state esthetics exam. Students must receive a grade of 75% or higher on all final exams. Final Exams must be completed within the school facility and cannot be taken through distance

education.

4. **Clinic Practical Skill Assessments**: Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the Edular app. All assigned practical skill assessments must be completed in order to complete the program.
5. **Distance education assessments:** Students must complete a distance education written assessment and practical skill assessment. These are based on performance and must be completed on-campus each month. The distance education assessment will focus on the distance education subjects covered during that time period. Students must receive a grade of 75% or higher on each distance education written assessment and each practical skill assessment. Only students enrolled in the distance education program are required to complete these assessments.

ESTHETICS INSTRUCTIONAL TECHNIQUES AND METHODS

The programs are provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration, distance education, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.

In order to enroll in the hybrid program of study, the Future Professional must have the following hardware, software, and network requirements:

- Apple iPad
- 2 mbps up and 6 mbps down
- Pivot Point
- Safari
- Zoom